

Fred's

BRASSERIE



AFTERNOON TEA MENU

“A cup of tea is a cup of peace”

AFTERNOON TEA

A SELECTION OF SANDWICHES

Herb chicken, tarragon mayonnaise, spring onion

Smoked salmon, lemon cream cheese, cucumber

Sautéed wild mushroom, garlic-whipped goat's cheese, toasted rye

SHARING BITES

Caramelised onion & feta tartlet

Cheese & onion bon bon

Cauliflower & truffle soup

Caprese skewer, basil dip

HISTORY OF AFTERNOON TEA

Steeped in tradition and elegance, Afternoon Tea has been a beloved ritual since the early 1840s, when Anna, the 7th Duchess of Bedford, introduced it as a light meal to bridge the long hours between lunch and dinner. It quickly became a fashionable social affair, served with a flourish of dainty sandwiches, warm scones and delicate cakes.

At Stanley House, we honour this timeless custom with our own refined twist. From classic favourites to globally inspired flavours, every tier is thoughtfully crafted to make your afternoon a moment of indulgence and connection.

SWEET TREATS

Strawberry macaron

White chocolate & pistachio choux

Lemon meringue & popping candy layer cake

Freshly baked scones, served with strawberry preserve & clotted cream

To accompany your Afternoon Tea, we have a selection of freshly brewed tea provided by Brew Tea & Co

Afternoon Tea **£32 per person**

Add a glass of Prosecco for £5

Vegetarian and gluten-free options are available on request – please let us know in advance if you'd like to pre-order.

All products used are Halal.

FOOD ALLERGIES AND INTOLERANCES. If you suffer from a food allergy or food intolerance, please make a member of our team aware before placing an order for food and drink. Allergen information listing allergenic ingredients used in our menus is available via a member of our team. Please note: Our kitchen and food service areas are not nut free or allergen free environments.

PLANNING A CELEBRATION?

Afternoon Tea at Stanley House is the perfect way to mark a special occasion in style. From baby showers to birthdays, our private dining spaces provide an elegant setting for unforgettable gatherings.

Enquire with our team or visit **stanleyhouse.co.uk** to learn more.