

# The Ro

## Lunch Menu

### Starters

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|--|-------|
| Roasted red pepper and tomato soup (V/VGO/GFO)<br>with garlic and herb croutons, sourdough roll  | £8.00 |
| Primavera salad (V/VGO/GF)<br>with quinoa, kale, edamame beans, brown rice,<br>soybeans, baby leaves, and asparagus. Honey and<br>mustard dressing | £8.00 |
| Muncaster crab croquette with mussels<br>in a light curry sauce, mustard cress   | £9.50 |

### Sandwiches

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| Vegan halloumi, harissa and maple syrup toasted<br>sourdough (VG/V)<br>with charred tomato slices, salad and sweet potato chips               | £13.00 |
| Grilled chicken with fennel and red onion slaw, gherkins<br>and garlic mayo, on toasted sourdough (GFO)<br>with triple cooked chips and salad | £13.00 |
| Braised short rib with beer onion and blue cheese on<br>toasted sourdough (GFO)<br>with salad and triple cooked chips                         | £13.00 |
| Beer battered fish fingers with tartare sauce in a<br>sourdough bun (GFO)<br>with salad and triple cooked chips                               | £13.00 |

### Mains

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| Fried polenta with celeriac fondant (VE/V/GF)<br>grilled broccoli, crispy mushrooms, and herb gremolata  | £18.50 |
| Caesar salad with grilled chicken breast or grilled salmon or vegan halloumi (VGO/GFO)<br>shaved Parmesan, anchovies and herb croutons                         | £19.50 |
| Endive salad (GF/VFO)<br>with grilled peaches, nectarines, and crumbled blue cheese, drizzled with a beetroot and honey dressing                               | £17.50 |
| Great North Pie company 14 hour braised beef and ale pie in shortcrust pastry<br>with creamed mash, seasonal vegetable and gravy                               | £20.00 |
| Deep fried haddock in Wainwrights beer batter (GFO)<br>mushy peas, triple cooked chips and tartare sauce   | £19.50 |
| Double cheeseburger with pulled pork, lettuce, tomato, burger sauce, and dill pickle in a toasted sourdough bun (GFO)<br>with triple cooked chips and coleslaw | £19.50 |

### Nibbles

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|---|-------|
| Bao bun with pulled pork<br>in sticky Korean barbecue sauce, sesame seeds, chilli<br>and spring onion | £8.00 |
| Hot smoked salmon pate (GFO)<br>on toasted sourdough  | £5.50 |
| Herb and garlic infused mixed olives (V/VG/GF)  | £4.50 |
| Rosemary focaccia bread (V)<br>with cold pressed rapeseed oil and balsamic vinegar                    | £5.50 |

### Sides

|                                    |       |
|------------------------------------|-------|
| Triple cooked chips (V,VE)         | £5.00 |
| Creamy mashed potato (V)           | £5.00 |
| Sweet potato fries (V,VE)          | £5.00 |
| Grilled tenderstem broccoli (V,VE) | £5.00 |
| Mixed salad (V,VE)                 | £5.00 |

Dessert menu available upon request

Please inform a member of the team of any allergies or special dietary requirements that we should be made aware of when preparing your menu request. (V) Vegetarian (VE) Vegan (GF) Gluten Free (GFO) Gluten Free Option (VFO) Vegan Free Option. A discretionary 10% service charge will be added to your bill and all prices are inclusive of VAT. Please note, Adults need around 2000 kcal per day.

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